

Curriculum Vitae

Robert L. Johnston

BScPT, MCPA

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EMPLOYMENT:

May 02 – Present	NeuroPhysio.ca Comox Valley, Vancouver Island, BC Physical Therapist • private practice Neuro rehabilitation (clinic & community)
Feb 04 - Present	Vancouver Coastal Health Authority, Vancouver, BC MS Clinic - UBC Hospital – Casual Physical Therapist • consultation and rehabilitation for persons with MS
Feb 01 - May 02	Vancouver Coastal Health Authority, Vancouver, BC GF Strong Centre, Vancouver General, UBC Hospital – Physical Therapist • neuro rehabilitation, acute neurology & spine, general acute care
June 1998 - Aug 00	Physio~phoria - Rehabilitation for Personal Injury, Toronto, ON Owner / Principal Physical Therapist • community based rehabilitation for neuro, ortho and geriatric clients
May 1997 - Aug 00	Lyndhurst Centre - Toronto Rehabilitation Institute, Toronto, ON Physical Therapist • neurological rehabilitation for persons with spinal cord injury

EDUCATION:

1994 - 1997	Bachelor of Science, Physical Therapy University of Toronto, Toronto, Ontario, Canada
1992 - 1994	Bachelor of Science, Human Kinetics University of Guelph, Guelph, Ontario, Canada

MEMBERSHIPS:

- College of Physical Therapists of British Columbia (CPTBC)
- Canadian Physiotherapy Association (CPA)
- Physiotherapy Association of British Columbia (PABC)
- Neuroscience division of CPA
- Partner – Neurology Division – American Physical Therapy Assoc (APTA)
- Vestibular Rehabilitation Special Interest Group - APTA
- Past Administrative Assistant – Foreign Instructors – Canadian Bobath Instructors Assoc (CBIA)
- Past Chair of the Vancouver Unit - Neuroscience Division of CPA
- Past Treasurer of the Vancouver Bobath Planning Committee (VBPC)

PROFESSIONAL DEVELOPMENT

- Managing Dizziness in Post Concussion Syndrome (Jan 2021)
- Evidence Based Treatment Strategies for the Cervical Spine (Oct 2020)
- Advanced Vestibular Rehabilitation (Feb 2019)
- Treatment of Visual Issues in Mild Traumatic Brain Injury (mTBI)/ concussion (Oct 2018)
- Changing Parkinson's: Exercise as a primary treatment (Nov 2017)
- Concussion Management Workshop (Nov 2017)
- Persistent Concussion Syndrome & the Neck (May 2017)
- Post trauma vision syndrome (May 2016)
- Facial Neuromuscular Retraining (Feb 2016)
- Balance Workshop with Dr. Fay Horak (Nov 2015)
- Concussion Management Workshop (Feb 2015)
- Vestibular Rehabilitation – Review & Advances (Apr 2014)
- Advanced Handling & Problem Solving (NDTA) (Oct 2013)
- Bridging the Gap in Physiotherapy ~ Understanding Gait from both the Neurological and Orthopaedic Perspective (Oct 2013)
- Periperal Joint Stabilization – pilates method (Jan 2013)
- Spinal, Pelvic & Scapular Stabilization – pilates method (Dec 2012)
- Clinical Educator Workshop- UBC (Mar 2012)
- Master Class in the Bobath Concept (Sept 10)
- Odstock Foot Drop Stimulator Training (FES) –single & dual channel courses (March 09)
- Recovery of functional walking – Advanced Level (Bobath Concept) (Nov 07)
- IBITA (Bobath) Instructor Candidate Module 1 (June 07)
- Core Stability for Improving Upper Limb Function – Advanced Level (Bobath Concept)(Nov 06)
- Consortium of Multiple Sclerosis Centres Annual Meeting (May 06)
- Treatment and Management of the Hemiplegic Shoulder and Upper Limb (Bobath Concept)(Jan 06)
- Motor Control & Motor Learning in the Bobath Concept (April 05)
- Diagnosis & Treatment of Movement System Impairment Syndromes – Sahrman (Dec 04)
- Neurological Recovery: Training & Exercise to optimize Motor Performance (Nov 04)
- Neuroscience of Functional Recovery and Rehabilitation (Oct 03)
- Assessment & Treatment of Adult Hemiplegia (Bobath Concept) (May-Nov 03)
- Taping Strategies with the Neurological Client (Apr 03)
- Vestibular Rehabilitation (Apr 03)
- Training Strength & Endurance in Neurological clients; Myths/Truths/Uncertainties (Jul 02)
- Physiotherapy Congress, Halifax, NS (July 02)
- American Spinal Injury Association/IMSOP 1st Joint Meeting, Vancouver (May 02)
- Assessment & Treatment of the incomplete spinal cord injury (Bobath Concept) (Nov 01)
- Clinical Preceptor Workshop, Dept. of Physical Therapy, UBC (Oct 01)
- Functional Independence Measure credentialed (Dec 97, Oct 99, Sep 01)
- Clinical Appointment - Dept of Physical Therapy, University of Toronto (May 00)
- Co-ordinator of hydrotherapy program of Toronto Rehab - Lyndhurst Centre (00)
- Assessment & Treatment of the incomplete spinal cord injury (Bobath Concept) (May 00)
- Hydrotherapy - theory and applications (Dec 99)
- Registered Assistive Devices Program Authorizer: mobility & positioning devices (99)
- Integration of Aspects of Motor Control and Motor Learning with the Bobath/NDT Concept: A Functional Reeducation Approach (June 99)
- Normal Movement Workshop - sitting/ standing/ transition (Bobath Concept) (Nov 98)
- The Canadian Seating and Mobility Conference (Sept 98)
- Neuroplasticity seminar with clinical demonstrations (Bobath Concept)((Apr 98)
- Rehabilitation of Burns, with emphasis on the burned hand (Jan 97)
- Clinical Management of Pain: Investigation of Principles and Practices (96)

RESEARCH

- Web based self reporting: a novel approach to evaluating falls for individuals with MS (06- 07)
- A Functional Exercise Paradigm To Promote Standing And Walking Performance For Neurological Clients (2003-04)

- How does the cerebellum influence movement? A discussion relating improvements of truncal [core] stability to an improvement in reaching with a neurologically impaired client. (2003)
- Conventional Versus Innovative Standing Frame for the Treatment of Osteoporosis After Spinal Cord Injury (99-02). Presented at ASIA - IMSOP 1st Joint Meeting, Vancouver (May 02)
- The Development and Evaluation of a Postural Retraining Protocol for Persons with Spinal Cord Injury (99-02)
- Effects of physical fitness on self concept in individuals with spinal cord injury (97/98)
- Co-developer of the Vestibular Rehabilitation Program at the Sunnybrook Health Science Centre, Toronto (96/97)
- Goniometric & Modified Ashworth Scale reliability in the acute head injury population of Sunnybrook Health Science Centre, Toronto (95/96)

TEACHING ACTIVITIES

- Using Pilates Reformer Strategies for the neurological client
 - Staff Inservice, GF Strong Rehab Centre (Jan 2018)
- Plasticity to Practice ~strategies for participation – CV Chronic Pain support group (April 2016)
- Guest Speaker – Mid Island Chapter of MS Society (Oct 2014)
- Understanding MS – the disease process and implications for the health care worker (Mar 2013)
- Functional Electrical Stimulation ~ Applications in Gait. Canadian Assoc of Physical Medicine & Rehabilitation (CAPM&R) Annual Conference (June 2011)
- Use of Dropped Foot Stimulators in Neurologic Rehabilitation, VIHA Grand Rounds (June 2010)
- FES Technonogy, Application & Efficacy in the neurological patient (09)
- Instructor Assistant – Introductory Upper Limb Course (Bobath Concept) (07)
- Clinical Tutor, UBC (07)
- Presenter – Multiple Sclerosis Symposium – Toronto Rehab (07)
 - Web based self reporting: a novel approach to evaluating falls for individuals with MS
- Tutorial Assistant – The Bobath Concept - UBC Physical Therapy Students (07)
- Guest Speaker – Lower Mainland Chapter of MS Society AGM (06)
Neurophysiotherapy Perspectives on the Control of Body Movement
- Guest Speaker – MS Support Groups of the North Shore (04-06)
- Guest Speaker – North Shore Stroke Recovery Club (05)
- Clinical Tutor, UBC (05)
- Seminar Leader – Vancouver Coastal – North Shore Home Health OT & PT Team (04)
 - Neurophysiology & Neurology Treatment Planning
- Examiner - UBC Physical Therapy 3rd year OSCE (02/03)
- Tutorial Assistant - UBC Physical Therapy 3rd year curriculum (02)
- Management of Musculoskeletal and Neuromuscular Dysfunction
- Principles of Physical Therapy Management of the Neuromuscular System
- Facilitator - U of T Physical Therapy Year 1 curriculum (99/00)
- Clinical Tutor, University of Toronto (98, 99)
- University of Toronto Spinal Cord Injury lecture (99)
- University of Toronto structured clinical sessions - complete and incomplete injuries (98, 99)
- Physical Therapist Assistant clinical sessions - transfers, hydrotherapy (99, 00)
- Patient Education Series - anatomy & physiology relevant to spinal cord injury

OTHER ACTIVITIES

- Sea to Sky Aphasia Camp, Squamish, BC (Sept 2010)